

northstar Living

SUMMER 2019

NEWS MAGAZINE OF THE NORTHSTAR
PROPERTY OWNERS ASSOCIATION

08 NORTHSTAR DAY

10 **Measuring Impact—**

The Community Collaboration of Tahoe Truckee

34 **Martis Wildlife Area —**

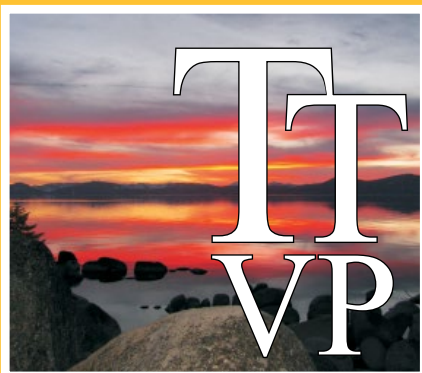
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community comments policy

Northstar Living welcomes your comments that are pertinent to the Northstar community and will publish those comments on a space-available basis. Comments must be written by members in "good standing;" generally articles will be limited to 250 words. Articles should be addressed to Northstar Living; signed by the author, unless sent electronically; and should include the writer's name, his or her Northstar address and the telephone number at which the writer can be reached most easily.

Comments not meeting these requirements or containing solicitations, inaccuracies, libelous or incorrect statements, lacking clarity or having no pertinence to the Northstar community or the Association will not be published. Comments must be received by February 1, for spring issue; May 1 for summer, August 1 for fall or November 1 for winter. Comments are accepted in person at the NPOA office, by mail to NPOA, Attn: Community Comments, 2200 North Village Drive, Truckee, CA 96161; by email to nancy@npoa.info; or by fax to 530.562.0324.

Disclaimer : Readers are advised that the opinions expressed are those of the individual, not of all the association. The original content of these comments has not been edited.

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meeting dates

June 08, 2019	NPOA Board of Directors	9am	Adult Center
June 25, 2019	Design Review Committee	9am	Adult Center
July 30, 2019	Design Review Committee	9am	Adult Center
Aug 27, 2019	Design Review Committee	9am	Adult Center
Aug 30, 2019	NPOA Board of Directors	9am	Adult Center
Aug 31, 2019	Annual Membership Meeting	3pm	Recreation Center
Sept 24, 2019	Design Review Committee	9am	Adult Center

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Summer 2019

News Magazine of the Northstar
Property Owners Association

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John Bowe, Vice President
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Sue Cordonnier, Secretary-Treasurer
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Office Hours
8am-4pm, Daily

Recreation Center Hours
8am-9pm, Daily
7am-9pm, June 1-Sept. 2, 2019

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Cover Photo

Olof Carmel of Carmel Gallery
"Tahoe Stones"

president's perspective

Mike Plishner | Board President



It sure is nice to have the snows gone and all that warm weather back at Northstar. Our Recreation Center is now fully open for the summer season and we have lots in store in terms of fun programs for the kids, full operation of the pools and the tennis program, and lots of new food offerings at the expanded Snack Shack.

As many of you know, last year Carolyn Newman and Zario Mancassola took over as our partners in operating the deli by the pools, known as the "Snack Shack." The food last year was a huge improvement over what had been available in prior years. This year, we have worked with Carolyn and Zario to make things even better. If all goes well (pending getting final approvals from Placer County), we will install new professional level grills, a pizza oven and expanded food preparation stations that will greatly expand the menu offerings. We are also purchasing a paging system to make ordering and picking up food more efficient. Come out and try what we have to offer. We think you'll like it.

In addition, we are rolling out a much improved WiFi system at the pool area which should permit excellent communications throughout the entire Rec Center area with improved bandwidth and greater speed (more on other technology improvements below).

Before reviewing some of what your Board Committees have been up to, I'd like to make a special pitch from the Board. This September two of our long-term members, Al Roth and Don Watters, will be leaving the Board. Our Bylaws provide that a Board member can only serve for six consecutive years and Al and Don have "termed out." We are therefore looking for candidates to replace them and we encourage self-nomination. Our Board members all actively participate, both through attendance at six full Board meetings a year, and more importantly, through the work of our very active Committees, which do much of the work of NPOA. If you are interested and want to learn more, please contact our General Manager, Tim Fulton at the NPOA office. Self-nominations, with materials for our ballot including a short bio, must be received by July 2nd to qualify for the August 31st election.

Rather than review the work of all of our Committees this time, I'm going to focus on two of them which are working hard to improve your Northstar experience.

First, our **Technology Committee**, led by Steve Klei and our General Manager, Tim Fulton, which began work last Fall. This Committee is charged with dramatically updating our technology infrastructure across every dimension. Here is where we stand in a number of important areas:

Payment Options. In January, the front desk started accepting debit and credit cards for guest fees and towel rentals; you will be able to pay for our summer programs and other expenditures this way as well. By the end of this year, we expect you will be able to pay for your annual membership assessment by an ACH transfer from your bank or by credit card (with a small fee to cover the added costs charged to us for credit card use).

WiFi Upgrade. Final completion of the upgrade to our WiFi system is now underway. This should permit our members to operate their devices seamlessly (and with much improved speed).

Digital Communication. We plan to move almost entirely to digital communications with you and make every interaction easier and more efficient -- paying particular attention to on-line and mobile access. We expect to deliver a much better web site that will be more interactive. This magazine, Northstar Living, is also scheduled for a complete refresh and eventually will be distributed to you exclusively on line. Please, if you have not already done so (about 80% of you have), give your email address to our staff and opt into electronic communications. The remaining 20% who have not done so will be missing much of our outreach to members in the future as we move to digital communication as our primary method.

Property Management Software Upgrade. We are in the initial stages of reviewing software upgrades which will permit us to integrate many of our functions and better handle all aspects of our business, including finance, tracking information on facilities usage by members and guests, integrating our web site with the ability to make payments for services, improved security and monitoring at our entry desk, parking lot and the dumpster site, etc.

Next, as mentioned in the last issue, we have formed a new committee, called the **Northstar Strategic Planning and**

Continued on page 6

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JEREMY CORNWELL
LAS VEGAS, NV



JOHNNY YOUNG BAND
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THE NOVELISTS
RENO, NV



WHESLI
LOS ANGELES, CA

FRIDAY

JEREMY CORNWELL
1:00 PM - 3:00 PM

DAVID GERALD
3:30 PM - 6:30 PM

JOHNNY YOUNG BAND
7:00 PM - 10:00 PM

SATURDAY

JEREMY CORNWELL
9:00 AM - 11:00 AM

WHESLI
11:30 AM - 2:30 PM

THE NOVELISTS
3:00 PM - 6:30 PM

DAVID GERALD
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SUNDAY

WHESLI
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DAVID GERALD
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Visioning Committee, led by Steve Klei with Sue Cordonnier and John Bowe. As its first order of business, the "Visioning Committee" is taking a fresh look at all of our facilities, our services and our programs – with the objective of insuring our Northstar homeowners association improves and evolves. We have asked them to consider the future with a "blank slate," creating a vision for what we would like NPOA to be over the next 5 and 10 years. It has been many, many years since we considered either new facilities or how to make better use of the existing ones with some changes and physical improvements. We think now is a great time to move this process forward. We are also interested in adding several non-Board members to the Visioning Committee, particularly those with younger children who use our facilities and those who have experience with other top-notch recreation facilities and offerings we may not currently provide. If you are interested in participating on this Committee, or know of someone else who might be, please contact Committee chair Steve Klei or our General Manager. We hope to have a report for you on where we stand with this process at the time of our Annual Meeting, now scheduled for August 31st (Saturday of Labor Day weekend) at 3pm.

Speaking of the Annual Meeting let me mention one important presentation we expect to take place there. As most of you know, for many years the Tahoe Regional Arts Foundation has been working on a project to bring a performing arts center to the North Tahoe region, including a 650 seat indoor theater and a 3500 seat amphitheater. In the past year or so, the Arts Foundation has focused on a site adjoining the top of the Castle Peak ski parking lots (above Skidder Trail and Basque Drive) at Northstar and is now in the conceptual stage of proposing what has come to be called the "Stages at Northstar." At the April meeting of our Board, the Arts Foundation made an initial presentation of the conceptual plan and we had a visit to the proposed site, which a number of homeowners also attended. This project is a long way from approval and your Board has taken no position on it pending completion of environmental studies and the EIR process under CEQA. We also plan to make sure the homeowner community is given a full opportunity to learn about and weigh in on its views about the proposal. As a first step in that process, we encourage you to attend the Annual Meeting where the Arts Foundation will describe the process and present the conceptual design and location. A visit to the proposed site will also be available for any interested homeowners immediately prior to the Annual Meeting (watch for an email later in the summer for details). It is anticipated that we are roughly 12-15 months from the completion of the EIR process, which will be the time for homeowners to weigh in on the project and we will keep you informed and provide opportunities to learn more as time goes along. For more information on the plans for the project, you should go to the Arts Foundation's web site at www.TahoeArts.net.

One final item for our Annual Meeting: In addition to the election of Board members, our ballot this year will include amendments and updates to NPOA's Bylaws. Our Bylaws were last updated in 2009. Since then, in 2014, major changes were made by the California Legislature to the Davis-Stirling Act, which governs homeowner associations such as ours. As you will see when you receive your ballot (and a short accompanying memo) later in the summer, the new law mandated many changes and these need to be incorporated into our Bylaws. A number of others have been suggested by our outside counsel and our own experience to improve operations and efficiency. Please review these proposals and the accompanying set of new Bylaws when you receive them. The Board urges you to cast your ballot in favor of the proposed changes so we can continue to advance NPOA's interests.

See you all at the Annual Meeting on August 31st.

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**PONDEROSA
PROPERTIES**

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general manager report

Tim Fulton | General Manager



Summertime. The old adage in mountain towns "I came for the winters but stayed for the summers" certainly applies to the beautiful Sierras. After such an amazing winter, the snow is quickly melting filling rivers and lakes to the brim with local meadows turning lush green and colorful.

There were a lot of minor improvements and projects completed and still in the work this spring.

Fitness Center - two new Matrix training cycles and a climbing mill were installed this winter. Additionally, new stability balls and wall mount, medicine balls with rack, foam rollers, yoga mats, and a new bottle filling hydration station have been installed. During the spring maintenance week, the cardio and weight room areas were reorganized. Based on some great member feedback we have continued to tweak and reorganize the layout. We have a few more small improvements such as mats for outdoor stretching planned for this summer. In the locker rooms, digi-locks were ordered for the top row of lockers in both the men's and women's locker rooms. Additionally, the

swimsuit dryer was moved from the hallway to the women's locker room and a second swimsuit dryer purchased and installed in the men's locker room. Carpet replacement in the locker rooms were placed on hold for the short-term as long-term plans are being discussed.

Patio Furniture - additional acrylic dining tables, chairs, and umbrellas stands were ordered to get a more consistent looking inventory across the pool areas for this summer. New to the mix of patio furniture are tea tables to place adjacent to the chaise lounges. The pool furniture is being brought out of storage and placed on the pool deck. As space allows, we may also order umbrella's and free-standing umbrella bases for placement between the chaise lounges.

Landscaping: The third of a three-year phased irrigation and sod replacement project will be completed in 2019. This year the irrigation and sod adjacent to the tennis pro shop and

Continued on page 11



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Join The Fun On Northstar Day!

Come join the fun on Monday, June 17, and help make Northstar more beautiful. During Northstar Day, you'll get to meet other homeowners, our firefighters and NCSD maintenance workers, and employees of Vail and Welk Resort. After a morning of preserving native species, starting at 9 a.m., we'll enjoy a scrumptious poolside luncheon at noon at the NPOA Adult Center.

There are several ways to volunteer for our sixth annual Northstar Day. You can sign up on a weeding crew, the lunch crew, or help with publicity. Just email Candace Roeder (candace_roeder@yahoo.com) to be a part of the community preserving native species within Northstar.

When we first started this program, Northstar was inundated with noxious weeds such as bull thistle and poison hemlock. Many of these targeted sites are "retired" since we have successfully removed these plants. And, now, native species are flourishing!

Other sites require annual maintenance, and we are expanding our focus to new locations this year. Since seeds are transported on tire treads, shoes, and pet fur, if left unchecked, these weeds will increase fire hazard, destroy animal habitat, and compete with native species. We welcome everyone to join us.



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Thirty years ago, in the snow-covered driveway of a Northstar home on Basque Drive, a young boy was coached by his parents to slide down the “hill” to them. Many turns later, Jonathan Glick was an avid skier who took his first job as a snow-maker at Northstar and later joined Northstar's National Ski Patrol.

It was in his ski patrol training class that Jonathan met fellow patrol hopeful Tom Sherry, whom Jonathan still claims he had to teach to ski, but who became a lifelong friend and fellow fan of outdoor adventures.

Fast forward fifteen years, a law degree, and a career requiring extensive travel, Jonathan was looking to make a change.



Rebekah Huitema, have joined with Jonathan in a new venture, transforming another Northstar restaurant space into something fresh. Dubbed “The Grille at Sawtooth Ridge” in honor of the ridge on the backside of Northstar, Jonathan

proposed a menu of some of his favorite flavors - Hawaiian inspired seafood with fresh local ingredients.

“Sawtooth” as staff affectionately call it, is Hawaiian cuisine with California flare. The team proudly touts some of the freshest seafood in North Lake Tahoe, overnighting the Honolulu day boat caught fish directly from Hawaii 3 times a week.

Jonathan is proud of the team he and his fiancé Jessica have put together to run the

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He returned home to the Bay Area, eventually landing at the San Francisco Cooking School at the coaxing of a mentor.

Jonathan's love for food and cooking was nothing new - his parents knew the value of fresh ingredients and always encouraged the boys to try new things whenever they ate out or traveled. Watching his mother cook what he describes as “gourmet home-cooked meals” instilled in him a passion for fresh and local ingredients and a love for cooking.

At first, Jonathan looked in San Francisco for a place to lay his restaurant roots, but Tom Sherry excitedly called and told him about a vacancy up in Northstar, their old haunt. Copper Lane Cafe and Provisions was the result of that conversation.

Now, two years later, Tom, and Northstar's National Ski Patrol Director, Mike Fanelli, and Truckee local and wine guru



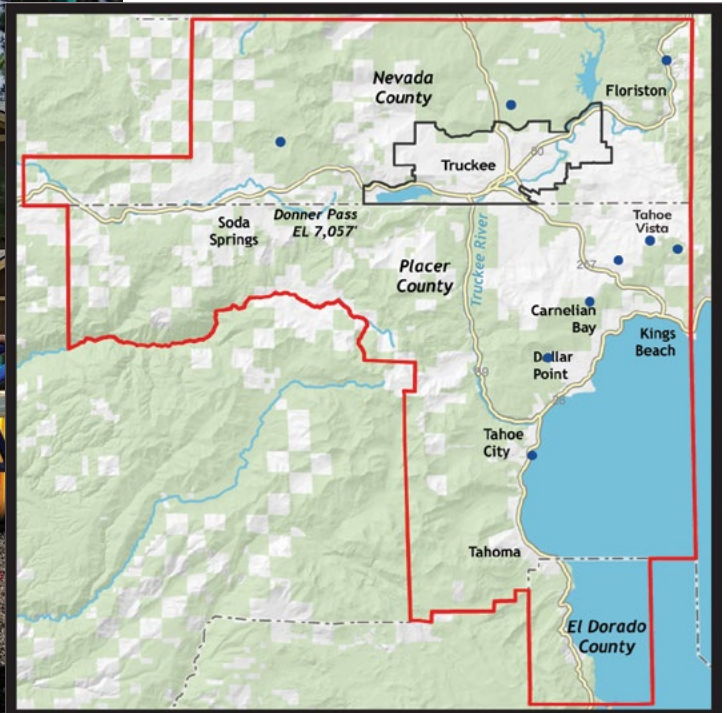
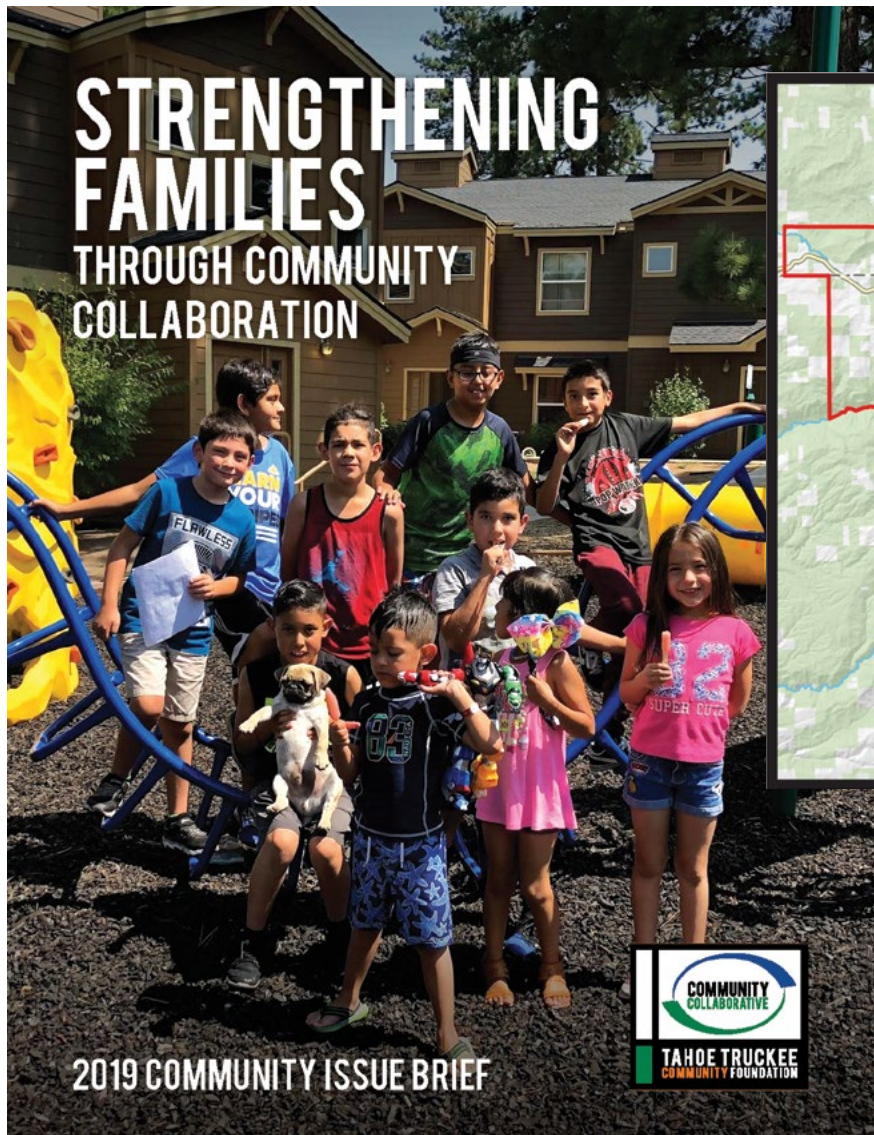
show - Chef John Hoffman and Bar Mixologist Nubbia Gamez are always looking for new ways to infuse that tropical Hawaiian flare with a touch of Tahoe. Guest favorites include the seafood linguine tossed in a house-made macadamia nut pesto, Mahi Mahi fish tacos, and the new Tahoe Blue Margarita.

Winter Hours (mid-Nov - mid-April)
Mon - Sun: Lunch 12 - 4pm; Dinner 4 - 9pm

Summer Hours (June-September)
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Sun - Thurs 4 - 6pm \$1 off Draft beers,
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**subject to change*



1. Lakeside population includes Carnelian Bay, Kings Beach, Dollar Point, Tahoe Vista, Tahoe City and Tahoma.
2. Other unincorporated includes Floriston, Soda Springs, Kingvale and all other unincorporated areas of the Tahoe Truckee Unified School District's boundaries not included in Lakeside or Truckee calculations.

Measuring Impact: The Community Collaborative Of Tahoe Truckee

North Tahoe-Truckee is one of the most beautiful places in the world. Clear blue lakes are scattered through snowy mountains, and creeks meander through fields of wildflowers. Our downtowns overflow with historic charm and every where you throw a stick, there's a dog to catch it.

This idyllic setting can also disguise underlying issues that affect the individuals and families that live and work here. Isolated in the mountains with much fewer full-time residents than our urban counterparts, our community has less

access to financial resources and basic needs services like healthcare and public transportation. Meanwhile, our residents live in an economic and housing market greatly influenced by multiple metropolitan areas including Reno, Sacramento, and the San Francisco Bay Area, and they simply cannot compete.

Identifying & Measuring Community Needs

Over twenty years ago, the Community Collaborative of Tahoe Truckee (CCTT) was formed to navigate these challenges. CCTT is a program of the Tahoe Truckee

Community Foundation (TTCF) and is comprised of over 45 health, education, and social service partners who are committed to addressing community challenges through collaboration. Partners embrace a "story and data driven" approach to identify and address the needs of our community's individuals and families.

The Collaborative convenes over 40 meetings annually to build local partnerships and develop solutions that help determine where and how to focus collective time and energy.

CCTT tracks over 25 community health indicators that reflect the health and well-being of our community region-wide. Indicators include things like education, substance abuse, and depression rates. Measuring and tracking indicators helps local organizations develop and adapt responsive programs, projects, and networks. All of the indicators are available online and several have been published as issue briefs for community education and fundraising purposes. In Spring 2019, CCTT published a brand new version of its Issue Brief in an eight-page comprehensive report available to residents, visitors, organizations, and funders.

"Our community is doing well in many areas, but several issues undermine the health and well-being of all of our local residents. We know that income levels and access to resources directly and negatively impact a person's health and how well

a child will do in school, and we see significant fluctuations across our region. We're excited to share our 2019 Issue Brief with the broader community, and are hopeful it will compel people to action." according to Alison Schwedner, CCTT Director.

A perfect example of CCTT's work in action, from data to results, is the Tahoe Truckee Reads Initiative. Tahoe Truckee Reads is a community initiative focused on improving third grade reading proficiency as part of the National Campaign for Grade Level Reading. Spearheaded by the Excellence in Education Foundation, local education and community based organizations have been working together for over five years to improve third grade reading levels for our children that qualify as socio-economically disadvantaged, based on income and parent education levels.

Continued on page 12

GM Report Continued

bear hut areas will be replaced. In the process we will enhance some landscaping beds and add some perennials with efficient drip systems which will also minimize overspray of irrigation systems onto the tennis courts. Unfortunately, last fall several large diseased and beetle invested evergreen trees had to be removed along the creek within the recreation center last fall. After consulting with our landscaping professional along with the Northstar Fire Department forester, we will plant some native plants such as alder, willow, dogwood, service berries, and aspens along the creek near the BBQ area to eventually restore some screening lost due to tree removal. These plants will also add a nice mix of color in the fall.

There are many more exciting projects and initiatives covered under Presidents Perspective.

As of this writing, we have most of the summer positions filled, though we still have a several lifeguard positions available. If you have any family members or friends looking for a fun-filled summer job please send them our way.




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"The Issue Briefs have provided the data we need to inform our work," said Laura Brown, Director of Excellence in Education. "We look at the data regularly to determine if our efforts are making a positive difference for our kids."

Engaging Philanthropists

The Collaborative's commitment to data and storytelling informs the strategies and funding at the Tahoe Truckee Community Foundation. This holistic information about our community gives a bird's eye view about what is going on region-wide so that TTCF can be an intentional and strategic grantmaker. Being so familiar with the landscape of our community makes it easier to know what is systemic and on-going, and where a new need is arising. TTCF also utilizes these stories and data sets to help donors and other foundations meet their philanthropic goals and priorities locally. The most effective charitable impact is realized when solutions are inspired by data, stories, and passionate people who want to make a difference.

A Corporation Gives Back

Northstar/Vail Resorts is a perfect example of a corporate organization committed to working collaboratively with local nonprofits. Through the EpicPromise program, Vail Resorts gave over \$9.4 million in donations to more than 250 nonprofit partners in their mountain communities in 2018 alone. Vail also sponsors employee volunteer time which adds up to more than 20,000 hours annually. As part of their 2018 grant awards to hunger and basic needs, Northstar supported CCTT's partners: Project MANA, Truckee Community Christmas, and the Tahoe Food Hub to help provide nutrition to local families all year long. Additionally, Northstar is an active member in the Mountain Housing Council of Tahoe Truckee (MHC) which works to accelerate regional housing solutions. Northstar's partnership in TTCF's

Tahoe50 Giving Club alongside other mountain resorts, has helped raise over \$1.7 million through the Give Back Tahoe Giving Season for over 70 local nonprofits in five years. This is just the tip of the peak of Northstar's significant community giving.

A Family Steps in for Mental Health

One of the most challenging areas confronting our residents is mental health. Accessing preventative and responsive health care can be extremely difficult; in fact, a recent study in the American Journal of Preventive Medicine found that 65% of non-metropolitan counties do not have a psychiatrist, and 47% don't have a psychologist. This is because funding is difficult to secure when most grants and government dollars seem to be more strategically spent where there is the greatest need, aka more densely populated areas. At the same time, increasing depression rates and higher than average substance rates are impacting our local population.

In addition to Vail's corporate grantmaking and volunteering, Vail's Chief Executive Officer Rob Katz and his wife Elana Amsterdam, acclaimed author, also give personally to advance the work of local nonprofits. Katz and Amsterdam have strategically focused on addressing systemic mental health issues in the North Tahoe-Truckee region. Mental health is a common challenge in rural mountain towns, and in many of the communities where Vail Resorts operates. By investing in both direct services and collaborative efforts to improve mental health access and awareness, Katz and Amsterdam are helping CCTT organizations move the needle on this significant work.

Power in Numbers

Not all donors come in corporate or foundation size. The work of the Collaborative and its partners is powered by thousands of individual donors giving

what they can. For some, this means giving an annual end-of-year donation; for others, it means going to neighborhoods and reading to kids in the summer time to help prevent summer learning loss. It can mean serving on a nonprofit board of directors, and it can mean starting a peer-to-peer fundraising page. However it looks, it always means seeing a need in the place you love and stepping in to help.

With the new Issue Brief, CCTT and TTCF hope to communicate clearly the needs of our community and the ways by which measurable change is occurring. We invite you to come by our offices and take a look. If you're interested in how you can make a positive change in North Tahoe-Truckee, we'd love to have a conversation. When we all give what we can, we all benefit.



Tahoe Truckee Community Foundation connects people and opportunities generating resources to build a more caring, creative, and effective community. With \$27 million in assets and a history of community impact, TTCF is your partner in philanthropy.

Contact Information

530.587.1776

PO Box 366 Truckee, CA 96160

www.ttcf.net

Ashley Cooper is TTCF's Storyteller. When she's not working, she and her rescue dog, Mina, can be found reading, writing, and enjoying the wildlands of the mountains.

CCTT's APPROACH

- Promote collaboration
- Hold the regional "Big Picture"
- Assess and prioritize community needs
- Convene and facilitating a community response
- Build capacity in organizations and community-wide
- Promote advocacy and leadership
- Maximize new and existing resources

CCTT FUNDERS

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First 5 Placer County
Katz Amsterdam Charitable Trust
S.H. Cowell Foundation
Tahoe Truckee community Foundation

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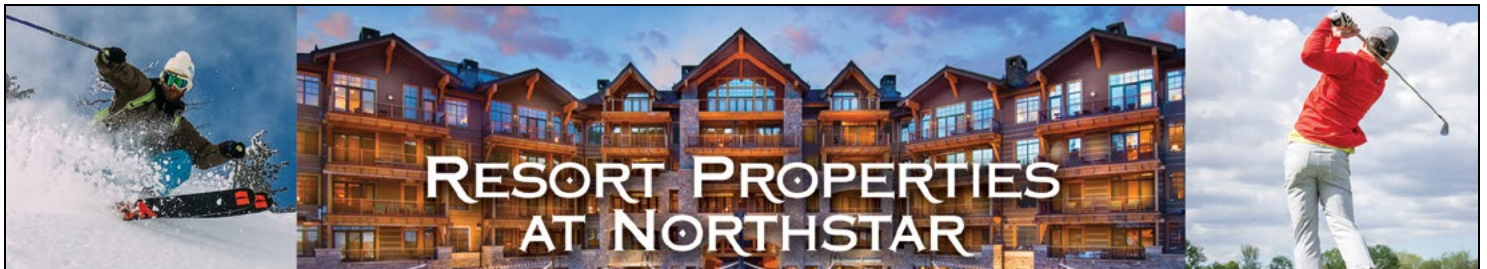
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Tahoe Truckee Peri Natal Outreach Team
Tahoe Truckee Reads
Tahoe Truckee Suicide Prevention Coalition
Truckee North Tahoe Youth Health Initiative
United For Action

CCTT AGENCY PARTNERS

Adventure Risk Challenge
Aim High
Alta Regional
Arts in Wellness
Big Brothers Big Sisters of Nevada Co.
Boys & Girls Club of North Lake Tahoe
California State Department of Rehabilitation
Child Advocates of Nevada County
Choices Person Centered Services
Community Recovery Resources (CoRR)
Connecting Point
Emergency Warming Center
Excellence in Education
Family Resource Center of Truckee

For Goodness Sake
Gateway Mountain Center
Girls on the Run - Sierras
KidZone Museum
KidZCommunity Head Start
Mental Health America of Northern CA
Mercy Housing/ Riverview Homes
Nevada County Human Services Agency
North Tahoe Family Resource Center
Placer County Health and Human Services
Placer County Network of Care
Placer County Office of Education
Placer County Sheriff's Office
Project MANA
Read Up
Sierra Agape

Sierra College
Sierra Mental Wellness Group
Sierra Nevada Children's Services
Sierra Senior Services
SOS Outreach
Tahoe Forest Health System
Tahoe SAFE Alliance
Truckee North Tahoe Transportation Management Association
Truckee Lutheran Presbyterian Church
Truckee Police Department
Tahoe Truckee Unified School District
UC Davis Tahoe Environmental Research Center
Uplift Family Services
Western Sierra Medical Clinic



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WHO WE ARE

The Community Collaborative of Tahoe Truckee (CCTT), a program of the Tahoe Truckee Community Foundation (TTCF), is comprised of over 45 health, education, and social service organizations and coalitions who have worked together for over 20 years to address the complex issues and fundamental needs of community members in North Tahoe-Truckee. The Collaborative seeks to understand the stories of our local people and we root our work in the power of data to inform our leaders and drive results.



TAHOE TRUCKEE
COMMUNITY FOUNDATION

OUR COLLABORATIVE APPROACH

Collective impact is a framework to tackle deeply entrenched and complex social problems. It is an innovative approach to making collaboration work across sectors to achieve significant and long lasting social change. CCTT partners have embraced a collective impact and coalition building approach to address issues impacting our local community, unifying around a common vision and strategies.

HOUSING

In 2016 it became clear that housing was the most significant factor impacting the economic struggles of families and individuals. Spurred by CCTT's advocacy, a regional housing needs assessment was performed and TTCF launched the Mountain Housing Council of Tahoe Truckee (MHC) to accelerate housing solutions.



MOUNTAIN HOUSING COUNCIL OF TAHOE TRUCKEE

The Mountain Housing Council of Tahoe Truckee (MHC) is comprised of 29+ regional stakeholder partners with a vision that all people who work and live in the Tahoe-Truckee region have access to diverse, quality and achievable local housing. Partners include governmental jurisdictions, businesses, networking groups, and nonprofit organizations. These partners came together to develop a three-year regional housing agenda.

ACHIEVABLE LOCAL HOUSING

In 2018, the Mountain Housing Council recommended that regional leaders adopt and serve a new definition of affordability that includes income earners who make up to 195% of Area Median Income (AMI). With rising home prices, the affordability target continues to rise for families who are trying to stabilize their housing situation.



TRUCKEE - NORTH TAHOE

In Winter 2015, the Emergency Warming Center opened to provide a warm meal and warm place to sleep to neighbors who are homeless or do not have an adequate shelter or overnight heat source during extreme weather. The EWC opened thanks to United for Action, a coalition of faith based groups, nonprofits, Church of the Mountains, and Placer and Nevada Counties. It is run by staff and a team of volunteers.

38,801
Total Housing Units



474 North Tahoe-Truckee below market rate units, with up to 3-year waitlists

67% of full-time residents pay more than 30% of income on housing



Source: Truckee North Tahoe Workforce Housing Study

43

North Tahoe-Truckee individuals experienced homelessness in 2019: 32 in Nevada County and 11 in Placer County (2019 HUD Point-In-Time Count)





NCSD Has A New Water Rate Structure

Northstar Community Services District has adopted a new water rate structure. The new water rates became effective May 1, 2019.

With a mind towards conservation, the rate structure lowers the monthly fixed rate while increasing the per gallon consumption cost. For the new water rate structure, please visit www.northstarcsd.org.

Home and business owners are encouraged to register for a WaterSmart account to monitor consumption and receive leak notifications. Register for an account at <https://northstarcsd.watersmart.com/index.php/welcome> using your account number and Zip code.

Registering for a WaterSmart account will provide consumers with the earliest possible detection of continuous water usage. This tool can be critical in saving both water loss and preventing catastrophic damage to property.

Water customers are also eligible for automatic leak notifications without registering. In order to be enrolled for the automatic leak notifications, please provide Northstar Community Services District with a valid email address.






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Knife Maintenance

I think we all get a little giddy using a brand new, out of the box knife with a pristine, sharp edge. The way it glides through food with little to no effort is a thing of beauty. So how do we keep our knives working like new after the honeymoon?

To really understand knife care, we need to understand what breaks down a knife's edge. There are three interactions in which a knife's edge is degraded:

The elements: Acids, water and detergents all react with steel and slowly break down its composition. The longer the steel is in contact with any of those things, the more degradation that occurs in the blade. Keeping a knife clean and dry will add years to its life and help retain a sharp edge.

Heat: Extreme heat can also break down a blade. Varying temperatures can slowly wear on a knife. Different materials expand and contract when exposed to different temperatures. This can easily rip handles away from tangs, and cause the knife to fall apart. Add liquid, and this is amplified even more.

Use: Let's face it—using a knife will dull its blade. How you use a knife has a big impact on how fast the edge degrades. If you're gentle while using it, you'll find the edge lasting longer. Also factor in your cutting board surface. Do not cut on a surface that is harder than steel. Wood is the most gentle on your knives. Glass and tile will dull the knife quickly since both surfaces are harder than your

knife's steel. Regardless, if you know how to sharpen a knife, you can restore the edge once it's gone.

Now that we understand what factors dull your knife, let's talk about what we can do to preserve it.

Dishwasher a no-no: Keeping a clean knife is paramount to making your knife last, though the dishwasher hits all the points in what hurts your knife. It exposes the knife to water, detergent, heat, and with a strong enough spray, hard use. Instead, it's much easier to use warm water, a sponge with mild dish soap, and just gently rubbing the knife, washing off anything that could be stuck to it. Just keep your hand away from the edge, and dry immediately when done.

Sharpening: Sharpening removes worn down, softened steel to create a new edge from the harder steel below. There are different ways to accomplish this, but the best is to sharpen by hand with a series of decreasing grit factor whet stones. Grinding machines also sharpen, but tend to remove more steel than needed to produce a new edge, decreasing the lifespan of your knife. Using a honing steel after each use will lengthen the time needed between sharpening. Not sure how to hone a knife? Feel free to contact me or Nothing to It! for a quick and easy honing lesson. We also offer a full whet stone knife sharpening workshop and whet stone sharpening services.

Invest in a good knife: Knowing how your knife was constructed and the hardness/grade of steel that it is made of is paramount. Essentially, the harder the steel, the better it will hold its edge. Cheap, multi-knife knife sets are alluring at the warehouse club. However, those sets, even from well-known brands, are made with less expensive, softer steels that work great the first use and quickly dull. Make sure to ask questions when buying your knife, as some retailers and manufacturers will give you extra tips on how to keep your knife working like new. When in doubt, ask a professional. We're here to help!



Serving Lunch
11am – 2pm, Mon – Fri
11:30am – 1:30pm, Sat



COOKING CLASSES

June 06	Date Night-Grilling	July 12	Grilling 101
June 11	Knife Skills	July 13	Artisan Bread Workshop
June 12	Summer Salads	July 17	Teen Cooking Camp 2-Day
June 13	Cheese Making	July 18	Cast Iron Cooking
June 14	Girls' Night Out	July 19	Tuscan Grill
June 15	Sauce Workshop	July 24	Paella on the Grill
June 18	Kids Camp-2-day	July 25	Ravioli & Tortellini
June 19	Summer in Provence	July 26	Date Night-Gumbo
June 21	Grilling Fish/Seafood	July 27	Culinary Bootcamp
June 25	Culinary Techniques 1	July 31	Kids Camp 2-day
June 26	Grilling with Great Basin Brewing Co.	Aug. 08	Chile Relleno Workshop
June 29	Pie Crust & Pie Workshop	Aug. 09	Taste of Southern Italy
July 09	Techniques 1	Aug. 14	Nevada Grown
July 11	Korean Table	Aug. 16	Date Night
		Aug. 22	Modern Pressure Cooker
		Aug. 23	Taste of Morocco

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fire department Sean Bailey | Fire Chief, Northstar Fire Department



Rules & Regulations For Outdoor Appliances & Fires

The Northstar Fire Department would like to address a few questions that typically arise this time of the year:

3-Hour Timer

Northstar Community Services District has an ordinance that requires a 3-hour timer to be placed on all natural gas valves/lines that supply outdoor appliances (grills, ovens, fire pits, heaters, etc...). Anytime an owner connects an appliance to a natural gas line, the fire department considers this a "permanent" installation. Permanent installations require a timer. The ordinance applies to all residential (single family residences, townhomes, condominiums and apartments) and commercial properties. This ordinance was adopted in 2016. The ordinance is enforced whenever a permit is obtained. Hence, there might be some residences within Northstar that have natural gas appliances that currently DO NOT have timers. This is because

the property was developed/constructed (or the appliance was installed) prior to 2016. These properties are considered "grandfathered".

Fire Pits

Not only does Northstar Community Services District require that all outdoor appliances connected to natural gas valves/lines have a 3-hour timer installed, we also require FIRE PITS to have 10 feet of clearance (vertical and horizontal), a shut-off valve at the pit, and flame heights no taller than 2 feet, to name a few. When a fire pit is installed, a permit is required. To receive a permit, the owner or contractor must submit a site plan, design and specs for the fire pit to the Fire Department for review and approval. During the review and approval stage, the Fire Department will explain to the owner or contractor the ordinance requirements. This is done via a "fire pit" detail.

Solid-fuel Appliances & Fires

Currently, no ordinance or code has been adopted by the District

Continued on page 18

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Fire Department continued

giving the Fire Department the authority to permanently abolish the use of certain open flame, solid-fuel burning grills. Thus, we cannot tell a homeowner that the permanent use of natural gas, propane or charcoal grills are not allowed. However - VERY IMPORTANT to note - the District is in the process of adopting an ordinance in the next few months, that will give the Fire Department the authority to TEMPORARILY ban specific solid-fuel appliances and fires from being used during fire season as declared by Cal Fire. The fire season as declared by Cal Fire typically spans from late June/early July through late September/early October. When the temporary ban goes into effect, there will be a moratorium on all solid-fuel open burning, campfires, bonfires, portable outdoor fireplaces, charcoal barbeques, ceremonial fires and recreational fires. This ban does not apply to propane and natural gas outdoor flame devices such as Gas BBQs and Gas Fire Pits. The only exemption for solid-fuel appliances will be for pellet-fed smokers.

Charcoal Grills

If you are a homeowner that uses a charcoal grill, the Fire Department highly recommends that you use an alternative means of grilling - such as natural gas, propane or electric. The use of charcoal grills by homeowners greatly increases the risk of structure and wildland fires. The risks are even further increased

if you are a homeowner that chooses to rent your home. You are trusting renters (strangers) to properly operate and extinguish a fire on your property.

Firewood Storage

If you are a homeowner that is storing firewood, please note the following: The Fire Department has an ordinance that requires all homeowners of single-family residences and townhomes - to either store firewood in an enclosed structure, wrap your firewood in a fire retardant tarp or store the uncovered firewood at least 30' away from structures with the ground underneath the firewood cleared down to mineral soil and no vegetation above that could convey fire. The Fire Department does not currently have an ordinance regarding storing firewood on decks of condominium buildings. However, we strongly recommend that you ALSO wrap your firewood with a fire-retardant tarp. Additionally, we ask that you abstain from throwing your half-charred firewood from your fireplace off your decks into the woods - no matter the time of the year. The Fire Department has challenged those Associations that currently do not require homeowners of multi-family residences to consider amending their CCRs to do so. Storing firewood on a deck near structures can allow a single ember to burn down a whole house or condominium complex.



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Authority To Temporarily Ban

Although certain outdoor appliances and open burning may be allowed, anytime the fire department believes that the use of an outdoor appliance or open burning may increase the threat of fire to the District, we have the authority to temporarily ban their use/operation.

You Could Be Held Liable

Understand, if you cause a wildland fire ignition due to carelessness that rises to the level of negligence and/or blatant disregard for the District's mandates – the District will seek to hold you liable for losses incurred. These losses can be in the millions of dollars.

Northstar Fire Department Helping You Retain Your Homeowner's Insurance

With the increase in large-scale fires that have caused profound damage to cities and towns, many residents living in California's "high fire (severity) hazard zones" have found their insurance rates raised considerably or their coverage has been dropped altogether. With the State's predicted continuation of such large-scale fires in the west, residents of Northstar can expect this insurance trend to continue. Over the years, the Northstar Fire Department has tried to help its residents with retaining their homeowner's insurance. The department has had varied levels of success by working closely with those homeowners that have been affected by pursuing the following:

1. When a homeowner has received a letter from their insurance provider stating that they need to meet certain defensible space requirements or be cancelled, the fire department will

review the insurance findings (sometimes even talking directly with the insurance agent) to help guide the homeowners in the proper direction in mitigating the Defensible Space requirements of the insurer. Sometimes this requires a defensible space inspection to be performed by the fire department because a record showing that the property is compliant is necessary.

2. Once the fire department is confident that the homeowner's property meets the state and district's Defensible Space requirements, a compliance certificate will be issued. In addition, the department will provide the homeowner with a letter to accompany the compliance certificate which states that the homeowner's property now conforms to all federal, state, county and district defensible space laws as well as the demands of the insurance provider.
3. Lastly, the fire department will provide the homeowner with an "Insurance Packet" (to be given to your insurance provider or a broker trying to help you find insurance) which includes a letter written on behalf of the Fire Chief revealing all the efforts the District has taken to mitigate the effects of wildfire within Northstar. The Northstar Fire Department has found that the letter and insurance package can be helpful in that it highlights the accomplishments that have made Northstar recognized as a Firewise Community. Included in this packet are "before and after" photos of forest fuels treatment. This packet includes relevant maps of recognized evacuation routes and one or more maps showing the areas within and outside of Northstar that have had fuels treatment.

It is strongly recommended that you do not wait until you receive a cancellation letter from your insurer to begin seeking defensible space compliance. The Northstar Community Services

Continued on page 20

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District has an ordinance that requires all homeowners to maintain defensible space on a yearly basis. For a homeowner to receive a defensible space certificate (recognized compliance), a property owner should schedule an appointment with the Fire Department to perform a defensible space inspection. If there are any violations, the fire department will provide ample time to perform/mitigate the situation before reinspection. However, please remember the fire department does not perform defensible space inspections when there is snow on the ground.

In conclusion, if you get a letter from your insurance provider in the fall, you will be hard-pressed to receive an inspection and complete the necessary work. By late summer/early fall, defensible space contractors tend to be booked and time is limited to receive a re-inspection to meet compliance. This will mean that it may be spring of the following year to get compliance to prevent the insurer from dropping you.

Please be diligent and do annual defensible space work that you are required to do every year.



How To Know When To Evacuate

Did you know that the Fire Department has various means to alert you of a mass evacuation

of the District in times of a catastrophic event? Did you know the primary way we will alert you of a mass evacuation will be through a service that YOU MUST SIGN-UP FOR?

The Fire Department uses a service called Nixle Connect that allows us to communicate directly with the public via text and email (standard text message rates apply). This service will be used to not only alert you of an Emergency Evacuation Declaration, but to provide immediate critical information and directions to follow. If you are not signed-up for Nixle Connect, you will not receive our Fire Department's critical messaging.

Here's how it will work - If you are signed up for Nixle Connect. If the Fire Department declares an evacuation of any or all the District, the Fire Department's siren(s) will sound. Hopefully, you will hear the siren(s) which will alert you that we are declaring an evacuation of the District. After the sirens sound, you will receive a Nixle message confirming the evacuation but also providing you with specific guidance and directions. For example, the message may share such specifics as "You must take Big Springs Road to Mill Site Road to the gated entrance through



Martis Camp and into Truckee. Both Highlands View Road and Northstar Drive to Highway 267 are CLOSED. No traffic being allowed to Kings Beach/Lake Tahoe."

As you can see, being able to receive this message during a time you and your family are under duress, would greatly increase your chances of safely dealing with the threat. The messaging provides you with the SAFEST (and, maybe the ONLY) way you can keep you and your family safe during a catastrophic event. This messaging may be for evacuation out of the district, directions to a "safe refuge area" or "shelter in place" order. All of which will be specifically described in the text or email.

Understand there will be other avenues we will use to keep the public informed. We will use Reverse 911 (which is a service that calls and provides messages to home phones- not cell phones). We will use Facebook and the District's website (www.northstarcsd.org) to post messages. We will use the District's and the CA Department of Transportation's illuminated signs to post messages. We will use the District's radio station to get messages out. However, all these various messaging methods may be "later in the game". The service we will use most quickly and efficiently to GET THE MESSAGE OUT with critical details and information for you to follow will be through Nixle Connect.

Thus, the Fire Department implores you - if you have not already done so - to please sign-up for Nixle Connect. To sign-up to receive instant messages, simply text from your cell phone "Northstar" to 888777. You will be sent back two confirmation messages advising that you are registered. To sign-up for email messages go to www.nixle.com and follow the instructions to sign-up as a user.

To Sign-up For Nixle

For Texts: Simply text from your cell phone "Northstar" to 888777. You will be sent back two confirmation messages advising that you are registered.

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Aspen Grove

At Aspen Grove, we are anticipating a very active summer season.

Contractors have been hired, permits obtained and work is in progress to rebuild the foundations that have previously been identified as needing repair. We are also re-staining the tower buildings and removing the stainless steel chimneys on these buildings. All of the pathways will begin to be upgraded with new paver pathways. The new heated stairways worked well last winter and the new pathways will be a great addition to our community. Improved water drainage is being addressed as well. We tested solar lighting for the new bus signs this past winter, and are now adding these lights to all of our bus signs. New monument signs will be installed this summer to better identify Aspen Grove.

On June 1st, we are organizing a general cleanup day to remove any weeds and debris in our common areas and increase the defensible space around our buildings. We continue to make improvements to our individual properties and are very pleased with the changes to our community that have been made to date.

At Aspen Grove, we are located within walking distance of the Northstar Village and the NPOA Recreation Center, yet situated in a quiet setting in the trees. We feel fortunate to be close to the action, yet located in a quiet mountain setting.

Gold Bend

It was a winter season for the record books! With just over 600 inches of snowfall at Northstar, this winter ranks as the fifth largest since record keeping began in the Truckee River Basin in 1981. At times, it felt like the winter storm warnings would never end and that we'd be digging our cars out from under the snow until July!

Here are some fun winter facts to ponder:

- Northstar's ski season was 157 days long (the longest in several years)
- There were 93,000 s'mores served throughout the season in the Village
- 15,000 glasses of bubbly were sipped at Tost
- Skiers and snowboarders racked up 6.5 billion vertical feet - that's the distance to the moon and back - twice!

It was an epic winter, and we hope that all of you were able to enjoy it!

As we look forward to enjoying all that Tahoe has to offer in the Summer season, we remind all homeowners of some of the specific dangers we face in the mountains:

- Wildfires are a serious risk during the summer months. To that end, the Northstar Fire Department will be adopting an ordinance which will allow it to impose a temporarily ban on specific open flame appliances and burning from being used/done from late June through early October. When the temporary ban goes into effect, there will be a moratorium on all open burning, camp fires, bonfires, portable outdoor fireplaces, charcoal BBQs, ceremonial fires and recreational fires (with the exception of liquefied petroleum or natural gas outdoor flame devices such as Gas BBQs and Gas Fire Pits, or campfires in designated campgrounds). The impact of this ban on Gold Bend owners is primarily on the use of charcoal BBQs. Owners should ensure that their renters are aware of the temporary ban when it is in effect.

The Fire Department also strongly encourages homeowners to fully wrap any firewood stored on decks with a fire retardant tarp - this decreases the risk of a structure fire should a wildfire occur in and around the complex.

Please take this seriously and do your part in preventing wildfires.

- Please check that the doors lock behind you when placing trash in the community dumpsters. This help to will discourage the wildlife, especially bears, from coming into the parking lots looking for food. If the dumpster is full, do not leave trash outside the dumpster - please dispose of it at the overflow dumpsters located just off Northstar Drive (just East of the mail boxes).

And a few housekeeping notes:

- The roof repair and staining projects that were started last year will continue through the summer months. Check out the Gold Bend website (www.goldbend.com) for a schedule of when you can expect the work to begin on your unit.
- The Board encourages all community members to voice their opinions and/or concerns. Email addresses for Board Members can be found on the Gold Bend website under "Contacts". Please reach out and let us know what's on your mind!

Have a fabulous summer!



Indian Hills

Summer at Indian Hills

The summer is upon us and all the amazing recreation opportunities provided to us living at Northstar. With

the amazing winter we had the snow pack has taken longer melt and leaving snow covered peaks almost all summer long.

Lake Tahoe is at its highest possible level with great rafting down the Truckee. Speaking of water, we are pleased that NCSD, through the new rate study has lowered the water rates for Indian Hills Condo owners. At the next rate study in 5 years we hope that the rate can be lowered for the entire class of condos compared to the homeowners and commercial users that use more water than condos.

The biking, hiking, golf, tennis and all the Rec Center activities are looking better than ever! Speaking of looking better than ever- check out the new signage at Indian Hills, making it easier to find your condo, know where you should park and discourage those who should not park in the area that they will be ticketed and towed.

Also looking good was the end of the season Retro Party in the Northstar Village that happened too late to be included in the Spring Edition. Dr. and Professor Kooler represented Indian Hills proudly and walked away with the top prizes! Sadly, yes those outfits are actually theirs and they bought them new in the 80's!

Looking forward to the Labor Day Weekend, it is filled with Home Owners

meetings for the Indian Hills community and NPOA. These meetings address the business aspects of living in our mountain paradise.

Sunday morning after the meetings are over, Indian Hills Owners and guests gather for a breakfast and home tour. The breakfast gathering provides the opportunity to get to know each other and remember why we love being at Northstar.

Each year some homeowners do more to personalize their condos. The Annual Condo Tour provides the chance to see all the great improvements that can be made. It inspires owners to add the touches that make their condos unique. Enjoy all that summer has to offer at Northstar and Indian Hills!



Northstar Club

The summertime of North Lake Tahoe is something that once experienced; it

cannot be erased from your memory and has to be enjoyed over and over again. As residents we watch the snow rapidly melt and recover from Januburied, Februried and Miracle March (not as miraculous as past years) months of winter and the true joy of living in the area comes alive in the spring and summer months. That experience we are so lucky to have every day, is something some have to travel to experience. The saying "come for the winters, but stay for the summers" is so true to the North Lake Tahoe area and makes the area a busy destination year-round. The spirit of the nature and the outdoor enthusiast comes alive in very different way in the summer, than that of the winter months.

Northstar Club reflects that spirit both in our owners and also in our staff. The elation for the beautiful hiking trails of Northstar being cleared and open, the influx of mountain and road bikes I begin to see parked, the excitement of the opening day of the tennis courts or golf, and of course the opening of the main Pool at NPOA just connects how everyone has a favorite summer activity and how we all get excited for the great thaw! We are surrounded with area activities, but all lucky enough to have all we could want and more right here within Northstar.

Continued on page 24

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The connection of how very special being a Northstar resident was apparent to me even more, when I attended the most recent NPOA Board meeting. I heard other residents and the similarities of their passions and key elements are parallel to that of my homeowners, and other HOA's in the area. The focus of nature, seasonal sports, arts, music and the overall joy of living here is an important element and held close by all residents. Then the added relationship employees like myself, and other entities share with our owners and residents is just as special as the area we are in. To be able to enjoy a working relationship and a personal relationship, while also attending to the needs of a homeowner, is truly a gift. It speaks volumes to the unique environment of Tahoe and Northstar.

Northstar Club has been a vacation home to some of our owners since 2000, with ownership updating every year since. Over the years many families have grown up in Northstar within our building, and grown much like the Village has. Our realtor Trina Padden has been with the Club since the very beginning of development in 1999, and her partner Sam Drury and have both been residents of the Tahoe area for 30+ years. Their own growth now expanding to be a part of Sotheby's International as the Padden Group. Most of our staff have been with the Club for many years and I'm proud to say I am rounding out my first decade in the area. I hear some Northstar residents speak of buying their homes in the late 70's and the stories of vacationing in Tahoe over the years before buying here. Most of my employees have moved here as a connection to their own family vacations growing up, and myself I could not imagine living anywhere else. It is telling of the connection we all make over time to Tahoe and to the people here.

When first built, one could "ski in and ski out" from Northstar Club. While you cannot ski right up to Northstar Club's

doors anymore, you are always welcome to come in, look around and ask us what it means to live in work in Tahoe. It is my hope that Northstar Club and all of Northstar residents enjoy the beauty of where we live together. I invite you to experience Northstar Club, NPOA, Northstar and everything else that makes this area so very special. Happy summertime everyone!

Ski Trails

As we enter another glorious summer season here at Ski Trails, things couldn't look better. While many think of Northstar chiefly as a winter-sports resort, that's no longer the case. The resort is now in full swing with its mountain biking and hiking opportunities. If you've limited your visits in the past to the winter months, you really owe it to yourself to see the incredible beauty that Tahoe is during the summer.

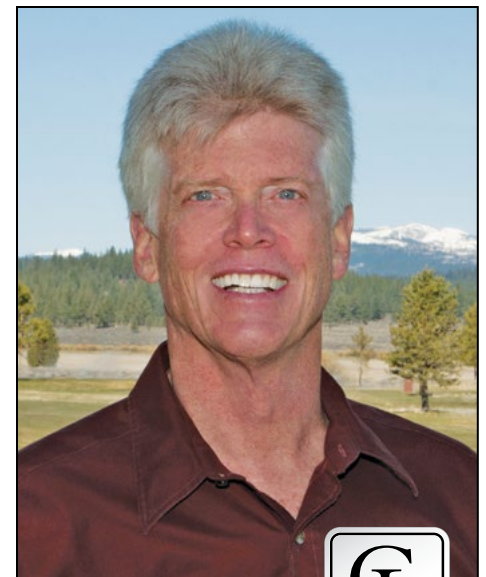
This past winter sure was one for the record books, and our snow removal budget certainly reflected that. Although that one line item was well over budget, you'll be comforted to know that overall our finances remain strong. Indeed, because so many other items are holding up far better than one might otherwise anticipate - in large part due to our aggressive approach to maintenance and the fine job our partners at CAMCO do - we're still looking good for the remainder of the fiscal year.

Speaking of maintenance, you'll continue to see work done while the weather is good - from siding repairs to concrete replacement. If you see something you think needs to be addressed, give CAMCO a call and let them know.

In the fall - after the peak summer season - we'll be picking up once again with exterior painting of the Ski View buildings (4001-4045). We'll also be completing the installation of the epoxy pebble coating in the entryways to all our

buildings. We're trying to complete this in the off-season to minimize the impact on owners and renters. Keep an eye out for communications about when your building is scheduled to be done as it may affect access for a day or two.

As always, we'll be having our annual homeowners meeting over the Labor Day weekend. Put it on your calendar and make sure to join us. You'll get to meet your neighbors, hear more about the projects we have planned, and get to share your thoughts about the direction of our magnificent mountainside homes.



PETER MORRIS
BROKER ASSOCIATE
530-330-4300
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***Full time Northstar resident and
real estate professional for over 25 years***

VILLAGE AT NORTHSTAR
THE RITZ-CARLTON, LAKE TAHOE
OLD GREENWOOD

BRE# 01263573



Why is working out at altitude amazing for you, and why is it important to acclimate before?

First of all, let's differentiate fiction and facts. Most of us believe that working out at altitude is much harder because there is less oxygen, or thinner air, this assumption isn't correct.

This is the scientific explanation: "At any altitude, air always contains 21% oxygen, .03% carbon dioxide, .9% argon, and 78% nitrogen. What's really happening is that at higher altitudes, oxygen has less partial pressure. Partial pressure is the pressure contributed by a single gas in a mixture. In this case, the pressure contributed by oxygen in the mixture of air.

Partial pressure of oxygen is determined by the barometric pressure of the air at whatever elevation you're at, multiplied by the percentage of oxygen in the air. In case you don't remember the basics of barometric pressure, Phil Davies of Sports Fitness Advisor explains, **"At any point on earth, the more air that is above that point, the greater the barometric pressure will be.**

This is the same principle as being under water. The deeper a diver is the more water there is above her and the greater the pressure."

Here are a few tips to better acclimate when going somewhere that is at altitude, and make your vacation or stay very enjoyable:

- Take things easy at the beginning by slowly increasing the amount of work you are putting your body through. We understand that you are eager to hit the slopes, or get your work out in, or play 3 sets of tennis, but over-exerting yourself will only make it harder and longer to adjust to the altitude.
- Stay hydrated by drinking plenty of fluids. Higher elevation can cause fluids loss, resulting in you possibly being light headed and disoriented. Avoid sugary or caffeinated drinks which can dehydrate you even more.
- Eating is also very important. Make sure you stop and get food if you are working out, to refuel your body. A meal high in carbohydrates will improve your body's ability to absorb oxygen, and will give you the energy needed for the given work out. Avoid salty food as it will increase your blood pressure, which can result in altitude sickness.
- Taking vitamins has been proven that taking iron supplements makes it easier to perform aerobic activities (like tennis and skiing) at higher elevations.
- Alcohol and tobacco are obviously something that will impact your body's ability to engage in skiing or biking for example. We understand it is hard not to indulge yourself when going on vacation, especially in the beautiful Tahoe area.
- Sleeping is the last very important aspect of adjusting to higher elevations. You will feel better and have more energy after a great night of sleep.
- If you need to, make sure to get oxygen by carrying a portable oxygen canister.



Steps Taken To Protect Your Family From The Threat Of Wildfire

Catastrophic wildfires have become all too common in California. As we saw last year in Paradise, a single spark can quickly turn into a fire capable of wiping an entire community off the map. That spark can come from a cigarette butt, a camp fire or even electric infrastructure. It is impossible to predict when or where a wildfire may start, but certain factors such as an evolving climate, dry forests and high wind conditions have most of the Golden State on high alert.

Liberty Utilities is acutely aware of the significant fire risk in the Lake Tahoe Basin and surrounding forested areas that make up its service territory. Drought and bark beetle infestation have devastated portions of our local forest, slowly suffocating the life out of the trees that dot our landscape. It's ironic, but the same trees that once supplied our region with life-essential oxygen now serve as an ideal fuel for the wildfires that threaten our community's safety.

There are efforts we can take to protect the local community from the threat of wildfire, which is why Liberty Utilities recently implemented a 78-page wildfire mitigation plan that was developed to address local factors that could put the region at risk.

Here are a few of the steps Liberty Utilities is taking to protect you and your family:

Vegetation Management

Not all trees are dead or dying. Mature, picturesque trees are still among the many features that make the greater Lake Tahoe region beautiful and feel like home. However, those same majestic trees can also threaten the safety of the community if they aren't properly maintained and come in contact with power lines or electric infrastructure.

Liberty Utilities' crews are deployed year-round throughout the region to inspect trees and vegetation in the vicinity of power lines. In order to comply with state law and safety best practices, any trees or branches that have grown too close to power lines will be trimmed or removed to mitigate any wildfire risk.

Liberty Utilities' vegetation management crews canvas the entire service area on planned three-year rotation. The majority of the tree and vegetation management work is executed from May through October, but work continues through the winter months and can include the daunting task of removing vegetation debris after storms.

Liberty Utilities has an aggressive tree-trimming clearance standard. When trees are identified for trimming, crews are instructed to prune branches and vegetation back to a minimum of 12 feet from the power lines to ensure adequate clearance is



maintained over the three-year maintenance cycle period. Hazard trees—which are often dead, diseased or structurally unsound—are also identified for removal. These trees can be far away from the power line, but have the potential to fall into the power line due to their related defects. When trees need to be removed, Liberty Utilities and its contractors follow a notification process so that the property owner is aware of the work prior to its completion.

Tree trimming and removal services performed by Liberty Utilities are done at no cost to the property owner. Limbs, slash and brush will be chipped and hauled or broadcasted on-site. The remaining wood (trunk of the tree) will be left with the property owner.

In addition to the routine vegetation maintenance program, Liberty Utilities has an emergency program to immediately remove trees that are an imminent threat to infrastructure. Throughout the Lake Tahoe region, Liberty Utilities has increased its vegetation management program investment from \$2.5 to \$4 million annually to ensure all trees and vegetation near power lines are trimmed or removed within the appropriate timeframe.

An aggressive vegetation management program is very important in the Lake Tahoe region, where we live in the shadows of hundreds of thousands of mature trees. In fact, many areas have been designated a “Very High Fire Hazard Severity Zone” by CAL FIRE, meaning our region is especially vulnerable to wildfire.

If you have any questions about Liberty Utilities’ vegetation management program or would like to report a tree/vegetation you feel may be a hazard, please call 1-800-782-2506.

De-energization

De-energization is the process by which an electric utility may proactively turn the power off in certain areas when and where weather conditions create a high fire risk. The practice of de-energization, which is becoming more and more frequent, is encouraged by the California Public Utility Commission (CPUC) as a safety best practice.

“Liberty Utilities has only de-energized once thus far, last November a couple of days before Thanksgiving,” said Jeff Mathews, Engineering Manager for Liberty Utilities. “The idea of turning off peoples’ power on purpose goes against everything that we in the electric utility industry have ever been taught. That being said, we recognize that it is necessary and appropriate at times in order to reduce a fire risk.”

Liberty Utilities will be deploying weather stations throughout the local service area, and will collaborate with the National Weather Service in Reno, NV, and local fire officials to monitor

Continued on page 28

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 **Liberty Utilities**





local weather conditions. Specific weather conditions that could trigger a de-energization event are humidity or extreme wind gusts.

“It is likely that we will be employing de-energization more often during the dry months this summer and going forward to further mitigate fire risk,” said Kurt Althof, Communications Manager for Liberty Utilities. “We are encouraging all of our customers to ensure their contact information, such as phone numbers and emails, are up-to-date on their account, so that we can provide customers with as much warning as possible prior to a planned de-energization event.”

In addition to Liberty Utilities’ outbound messaging and website information, Liberty Utilities encourages the public to follow the utility on Twitter via @LibertyUtil_CA or Facebook via @LibertyUtilitiesLT where they can also get information on power outages, planned or unplanned. Once the need to de-energize has been decided, Liberty Utilities will work with its media, public safety and government partners to communicate the details of the planned outage and prepare the public.

Infrastructure Hardening

Infrastructure hardening is an ongoing system infrastructure improvement and replacement process aimed at lowering the potential of fires sparked by electric infrastructure. These improvements will require several years to implement, and will include some of the following projects:

1. Replacing conductors (wires) with covered conductors.

Covered conductors encase the wires in layers of insulation

to protect them when energized. Although bare wires have traditionally been used in California as a reliable cost-effective solution, it is prudent to replace bare conductors with covered conductors in high fire risk areas.

2. Pole load testing and replacement, as needed. Liberty Utilities understands that failing poles pose safety, reliability and fire risks, and will work to accelerate the testing and replacement of poles throughout the region.

3. Fuse replacements. Conventional fuses, when operated, expel hot particles and gases, which can start fires. In contrast, current limiting fuses that traditionally were used for protecting “equipment” expel no materials, limits the available fault current and, in many cases, can reduce the duration of faults. The use of both conventional and current limiting fuses provides for a high level of reliability. In order to mitigate the risk of wildfire, Liberty Utilities proposes to replace conventional fuses with current limiting fuses on much of its system over the coming years.

4. Replacement of the Brockway Substation in Kings Beach.

The Brockway Substation is a 60-year-old facility that was constructed with wooden poles and cross arms and obsolete oil-circuit breakers. This facility has been deemed a fire hazard and is scheduled to be decommissioned and replaced.

In addition to some of the above infrastructure hardening projects, Liberty Utilities will continue to work on undergrounding sections of power grid in the coming years.

What You Need to Know

Liberty Utilities is taking precautionary steps to protect the community from wildfires by implementing a robust mitigation plan. The best way to stay informed about de-energization, vegetation management, and system upgrades is to ensure the personal contact information Liberty Utilities has on file is up-to-date. Consider following Liberty Utilities on one or both of its social media platforms, Twitter via @LibertyUtil_CA or Facebook via @LibertyUtilitiesLT, and bookmark the Liberty Utilities webpage.

Liberty Utilities is committed to the safety of customers and the communities it serves. To learn more, customers are encouraged visit LibertyUtilities.com or call the utility directly at 1.800.782.2506. Liberty Utilities – Local and Responsive. We Care.



Travis Johnson is Liberty Utilities’ VP of Electric Operations. He has nearly 25 years’ experience in the utility industry.



Tennis is one of the best sports to play to keep your mental and physical edge in life. It has been proven that people who play tennis or a racquet sport in general live longer than people who are more sedentary.

To play the game right, avoid injuries, and improve your tennis, you need to choose the right equipment. Shoes are the first important piece of equipment. There can be a misunderstanding between running shoes and tennis shoes. You cannot play tennis with just any kind of shoes. Tennis shoes are very specific and running shoes are a nightmare for the game of tennis, as they most likely will stick to the court and as a result get you injured. Running shoes are usually lighter and designed for forward motion. Tennis shoes, on the other hand, are designed to give your feet, ankles, and legs the optimal support for the severe lateral movements you have in tennis. Your shoes need to be light enough, but durable and strong enough to allow you to move freely and quickly.

The second critical piece of equipment for tennis is your racquet. Technology keeps getting better and stronger so it is actually becoming a lot easier to find the right racquet for everyone. Power racquets, are lighter with a bigger head size, give you a lot more natural power, but at the cost of not being as forgiving if everything is not perfect. The second type is one that combines a power racquet with a player's racquet, which means it is lighter and more flexible, still powerful, but much more forgivable (smaller head size). The third type is the modern player's racquet, which means the frame is much lighter and faster, with a bigger head size, to maximize spin, and help with aggressive games. The last type is the traditional players' racquet, which is heavier, has a smaller frame head size, stiff, and provides low-power. It is designed for players that want to control their power much more carefully.

The tennis shop at Northstar offers every type of racquet, and we would love for you to stop by after Memorial Day week end to have you demo them, to make sure you pick the one that will fit you the best. We have an amazing team of professionals that will help you every step of the way. See you all soon!



The tennis shop at Northstar offers every type of racquet, and we would love for you to stop by after Memorial Day weekend and demo them, to ensure you pick the racquet that fits you the best. We have an amazing team of professionals that will help you every step of the way. See you all soon!

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the bridge table Kathy Semrad



Dummy Do's & Don'ts

There is some confusion in what actions the 'dummy' can take or not during the play of a hand. Following is a set of guidelines when you are the 'dummy'.

DUMMY MAY

1. Play the cards of the 'dummy' as directed by the Declarer.
2. Keep count of tricks won and lost.
3. Try to prevent any irregularity by the Declarer - as in asking Declarer of revoke when not following suit (i.e. No hearts/spades/diamonds/clubs Partner?) or if it looks like Declarer is thinking of leading from wrong hand, etc.
4. Inform Declarer that he has turned the quitted trick the wrong way IF DONE IMMEDIATELY AND PRIOR to a card being played to the next trick.
5. Call Director or attention to a possible irregularity AFTER PLAY OF THE HAND IS CONCLUDED - never during play.

6. Promptly correct an 'error in restatement of calls' when a review has been requested - as can all players.

7. Give information on play in Director's presence.

DUMMY MAY NOT

1. Involve him/herself in any aspects of the play except for the above - as in playing a card on his/her own initiative, illegally suggesting a card be played, questioning an opponent, etc.
2. Interact or question the opponents during the play of the hand - like asking opponents about possible revoke when not following suit.
3. Ask to see opponent's cards.
4. Bring to the Declarers attention any perceived infraction by the opponents until play of hand is concluded.
5. Touch or indicate any card (except for purpose of arrangement) without instructions from Declarer.
6. CLAIM on behalf of Declarer.
7. Leave his seat to watch Declarer.
8. Turn his/her card face down until all four players have played to the trick. (Same for all players)

ADDITIONAL NOTES

1. Dummy must lay down 'dummy hand' in proper form - sorted in suits, in rank order, with lowest nearest Declarer, in columns pointing lengthwise towards Declarer with 'trumps' on 'dummy's' right.
2. There is no penalty when a revoke involves a card belonging to 'dummy', or any other faced card such as a penalty card.
3. A singleton or one of a group of cards in the same suit which are equal in rank is NOT CONSIDERED TO BE AUTOMATICALLY PLAYED - must still be called by Declarer.

Northstar Bridge Club plays on Wednesdays from 1:30 - 4:30pm at the NPOA Adult Center. You do not need a partner or have to live in Northstar to play. Contact Astrid Cousins at 530.913.4020 or astridwc@aol.com for more information and to sign up to play. Cost is \$2.

Play is 'duplicate style' the first Wednesday of the month and can sometimes go until 5pm. You play with the same partner all day with duplicate boards following duplicate guidelines. Astrid Cousins runs the duplicate game.

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Fast Facts

MISSION

The Truckee Tahoe Airport (KTRK) is a community airport that provides high-quality aviation facilities and services to meet local needs. We strive for low impact on our neighbors while enhancing the benefit to the community-at-large.

1

TERMINAL

2

RUNWAYS

230

HANGARS

2,600

ACRES

The Airport is a Special District of California. It is a local, focused form of government led by a five member elected Board of Directors that provides aviation services and facilities.

Community Partnerships
Through our Giving Back Programs
we support over 55 local entities.



With over 37,000 flight operations per year, KTRK connects people to the region as part of the Federal Transportation System.



**Our Air Traffic
Control Tower at
KTRK works to:**

- ✓ Increase aeronautical safety
- ✓ Decrease annoyance

ELEVATION: 5,901 ft MSL
One of the highest in the nation

5,901
MSL

POPULATION SERVED:
35,000 full-time residents and
80,000 peak period visitors



SIZE: Serves Lake Tahoe, Truckee,
Sierraville, Donner Summit, etc.

485
SQUARE MILES

AVIATION: KTRK serves private and
charter aircraft but offers no scheduled
commercial flights



OPEN SPACE PUBLIC USE is
managed for forestry, watershed health
and wildlife safety

1,565
ACRES

MEETING SPACE

91 different
non-profits
held a total of
460 meetings +
events in the Airport
Community Rooms



TRUCKEE
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AIRPORT



Summer Events

Kids Adventure Games

June 28 - 30, 2019

New this year to Northstar, Kids Adventure Games is designed exclusively for kids ages 6-14, the Kids Adventure Games is a multi-discipline obstacle adventure race, where kids, in teams of 2, compete together on bike, in water and on foot through a unique 2.5 - 4 mile adventure course featuring up to 15 man made and natural obstacles.

Enduro World Series

August 23 - 25, 2019

Northstar California is proud to host the seventh leg of the Enduro World Series International Mountain Bike Competition. The Enduro World Series (EWS) is the groundbreaking race format that has brought together the best enduro mountain bikers in the world. A concept originating in the French Alps, enduro is a unique event designed to reflect and engage with the largest sector of the mountain bike market demographic.

Tahoe Trail 100

July 13, 2019

Ride rocky summits, breathtaking pine forests and beautiful Tahoe views in the unforgettable Tahoe Trail MTB. Race one 50K-loop or

take on two for a chance to qualify for the Leadville Trail 100 MTB. All finishers are treated to the best post-race meal and hospitality around at host venue Northstar California.

Beerfest & Bluegrass Festival

July 6, 2019

For the 13th consecutive year, The Village at Northstar comes alive with al fresco jams and fresh brews. Join us at 6,000 feet for two days of high-altitude hops from about 40 different breweries, live Bluegrass, and never-ending outdoor family fun. Did we mention beer? Yes, lots and lots of beer.

Cosmoarium presented by Tahoe Star Tours

Every Thursday and Saturday

June 13 - August 31, 2019

The stars shine brilliantly in the clear night sky at Northstar California's Cosmoarium. Join us weekly for a presentation of the stunning cosmos with Tahoe Star Tours and see the stars like you have never seen before this summer. Gather together around a warm fire pit at one of the best places for stargazing in Tahoe, and take in the galaxies above with renowned star guide and poet Tony Berendsen. Get an in-depth look at our solar system and beyond with powerful Celestron telescopes, allowing you to wonder what else might be up there. A one of a kind experience you can only get at Northstar California, the Cosmoarium will deliver wonder and amazement for your entire family at this truly unique nighttime experience.

4th of July Bike Parade

July 4, 2019

Join us at Northstar California for a parade that's all your own. Free red white and blue decorations will be available in front of Mine Children's Store to decorate your bike, scooter, stroller or dog to be stars of the parade. Kids can decorate, get their face painted and meet local first responders before the parade starts. At 2pm everyone who wants to participate is guided around the village and onto the rink while onlookers cheer them on.

Autumn Food & Wine Festival

September 20 - 22, 2019

The 34th Autumn Food & Wine Festival is gearing up to include delicious food, wine, and spirit events along with outdoor experiences that will highlight the North Lake Tahoe area.



NORTHSTAR
CALIFORNIA

Event Schedule is Subject to Change. For the most up-to-date information, visit www.NorthstarCalifornia.com



SUP Yoga

Yoga on a paddleboard has become an ideal way to practice yoga in a pool, pond, lake or the ocean. The principles that are taught on the yoga mat become essential and even more appreciated on the board. Enhancing the experience of concentration and moving with the breath on water, we have created a floating classroom that allows students to develop core strength, balance, and do things that you never thought possible! Let's soak up the elements, have some laughs on the water, while relaxing and calming the mind!

About Eileen Allen

Eileen has been a vibrant part of the Tahoe community for the majority of her life. She's had the privilege of raising three beautiful children here. Her passion for the water, being in the mountains and the true love of nature has brought her to this very rewarding part of life that she wants to share with others.

"There's something incredibly peaceful when one meets the gaze of the sun on the water's edge. You'll find me most mornings on the lake before anyone else awakes. My passion for paddling evolved into an unexpected love affair when two of the most important things that I do for myself became one; paddling and yoga. My dream is to teach others about paddling and yoga and I'm eternally grateful that I can share what inspires and centers me."

Classes Begin June 11

Instructor: Eileen Allen

Tuesdays 9-10:15am

NPOA Recreation Center

\$18/Class

Boards are provided. Please wear shorts, yoga/swim-wear.

Class maximum of 6 so sign up early!



Explore Northstar This Summer


NORTHSTAR
CALIFORNIA



Photo: Matt Freitas

Martis Wildlife Area: We Can't Let It Go

We, the Truckee River Watershed Council, are excited to tell you about a big habitat effort happening (in some cases quite literally) right in your backyard. It's called the Martis Wildlife Area Restoration Project.

As we all know, this beautiful span of alpine meadow is one of most treasured spots in all the Sierra. What many of us don't know, however, is that this beloved spot is gravely endangered. Streams are drying up. Banks rapidly eroding. Habitats threatened.

What healthy meadows do:

- store and filter drinking water
- prevent run-off and erosion
- mitigate drought, fire and flooding
- provide wildlife habitats

Our very own Martis Creek Wildlife Area could be a perfect example of the ideal meadow. Except it's not. Here's the truth: the meadow is starting to do what deserts do: repel water - instead of what meadows do: hold water.

Decades of misuse from mining, grazing, logging and development has degraded the meadow's ability to perform its natural hydrological function. Which is exactly why the time is now - this summer - for a major restoration project.

Our need to protect the meadow now dovetails perfectly with a statewide push to manage water in California. This large-scale effort is set to restore:

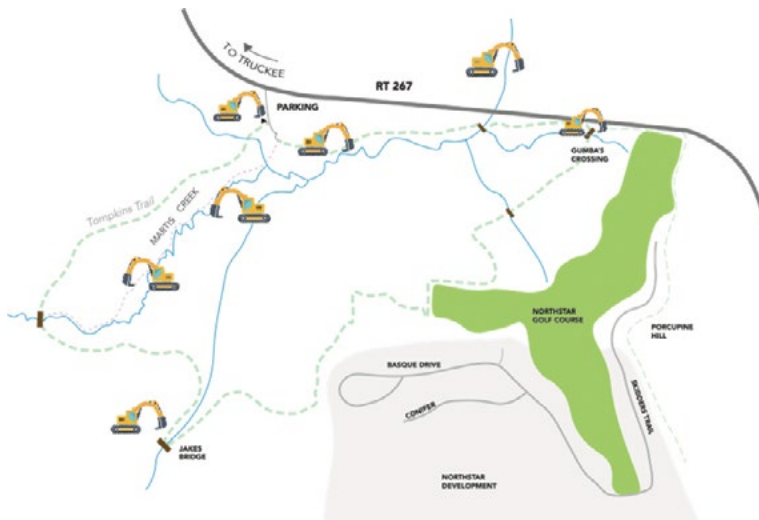
- 70 acres of wet meadow
- 2 miles of streams
- habitats for fish, birds and mammals
- revegetation of native wetland & riparian species

Accomplishing all this (one of our most exciting projects to date) will take most of the summer and patient co-operation from locals like you. Look for big yellow earthmovers in the meadow. And please respect our signage regarding trail usage and parking.

Over the next few years, our meadow will emerge wetter, wilder and greener—a more sustainable future for generations to come. Please join us in protecting this precious resource. We can't let it go.

It takes a dedicated team to do what we do. Thank you to our partners the U.S. Army Corps of Engineers, Northstar California Resort, and the Northstar Community Services District.

Thank you to the funders who are making this work possible - the donors of the Truckee River Watershed Council, Bella Vista Foundation, California Department of Fish and Wildlife via Prop 1, The Martis Fund, and U.S. Bureau of Reclamation.



Where to get your meadow fix, while the meadow is being fixed

Many of your favorite spots on the Tomkins Memorial Trail (TMT) surrounding the meadow will still be accessible. Plus, you can use this summer to revisit former favorites or discover new trails throughout our breathtakingly beautiful Truckee/Tahoe area.

For information about trail access and parking visit:
www.northstarcsd.org/tompkins-memorial-trail

Please remember to respect all signage, trail closings and pet rules. It's all for the good of your meadow.

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AquaFIT

AquaFIT is a 50 minute class that will burn fat, improve muscle tone, build strength and leave you feeling energized and motivated. Utilizing a combination of shallow and deep end exercises, the pool allows you to work out at a higher intensity with less impact on the body.

About Shelley Nielsen

Shelley Nielsen owns FIT530 and is an ACE Certified Group Personal Trainer & Group Fitness Instructor specializing in high intensity interval (HIIT) training, core- focused programming, circuits, aqua fitness, strength-based, kickboxing, cardio dance and boot camp style classes. She is originally from North Carolina and has lived in Truckee for 4.5 years with her fur-baby, Penny. Shelley loves to sing and has been known to wail along during workouts.

"I am very excited to share my love of fitness in the beautiful outdoors at Northstar this summer. The natural beauty of the Resort provides the perfect backdrop to our morning workouts. It is my goal to create a fun, challenging and safe environment for everyone as they push their limits and crush some goals!"



AquaFIT Classes June 24 - August 30

Instructor: ACE Certified Personal Trainer and Owner of FIT530, Shelley Nielsen

Monday, Wednesday, Friday 9-9:50am

NPOA Recreation Center

Drop in Rate \$12/10-Class Pass \$100

Class is designed for all fitness levels.

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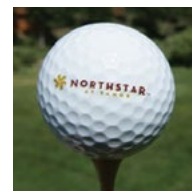
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Row One (Left to Right) Catherine Moll, Sandy Campion, Julie Bryant, Veronica Kaufman, Susan Safipour, Nora Leeder and Diane Schmidt enjoy lunch at the Polveraris after Day 1 of the Northstar Women's Golf Club Championship in 2018

Row Two (Left to Right) Astrid Cousins, Kathryn Jaeger, Linda Morris, Carol Pawlak, Heidi Wilbert, Linda Morris, Claudia Young, Karen Olin, Jo Ann Polverari and Anne Middleton



(Left to Right) Veronica Kaufman, Susan Safipour, Diane Schmidt, Heidi Wilbert, Nora Leeder and Sandy Campion enjoy lunch at the Polveraris after Day 1 of the Northstar Women's Golf Club Championship in 2018.

Northstar Women's Golf Club's First 2019 Play Day Set for Tuesday June 4

The Northstar Women's Golf Club (NWGC) is happy to welcome returning and new NWGC members for the 2019 golf season. The Northstar Golf Course plans to open to the public on Friday, May 24, weather and conditions permitting. Our first NWGC weekly Play Day is scheduled for Tuesday, June 4, at 9 am. Our weekly Play Days are held on Tuesdays, and our first tee time is generally about 8:30-9 am.

Anyone who would like to join Northstar Women's Golf Club (NWGC) is welcome to do so throughout the year by contacting Anne Middleton, NWGC President, at 858-229-2140 or anne.middleton@me.com. Guests are welcome to play with us on Tuesdays, so call Anne ahead of time so she can place you in one of the Tuesday pairings.

To play on NWGC Tuesday Play Days, you can use a Northstar Full Pass, Value Pass, or pay the NWGC discounted rate for the day. The NWGC discounted rate in 2019 is \$60 (\$30 off the standard rate) through the month of June. From July 1 on, the Tuesday Play Day fee for our group is \$70 (\$30 off the standard rate). Prices for season's passes will be forthcoming later this spring.

The 2019 NWGC Club Championship will be held on Tuesday and Wednesday, August 27 and 28. After Day 1 of the championship, all NWGC members are invited to a luncheon hosted by former NWGC President Jo Ann Polverari, and her husband, Joe, at their home in Northstar. This will be the third year for this special luncheon, which has been a great way of strengthening our golfing friendships. After the second day's play, members enjoy lunch and an awards ceremony at the Northstar Clubhouse.

Our ladies' group is friendly yet plays by USGA rules -- while enjoying a beautiful golf course. While Northstar is a public course, NWGC members enjoy amenities more common at private clubs -- a convenient golf bag drop off, talented golf professionals who offer individual and group lessons, a restaurant/bar, and a well-equipped pro shop.

NWGC members range from those with long-established handicaps -- to those who did not have a handicap before joining the NWGC. So, if you're thinking about establishing a handicap for the first time, come do it with us at Northstar. NWGC annual dues of \$70 include: membership in the Northern Nevada Golf

Continued on page 38

Northstar Golf continued

Association (NNGA), GHIN handicap services and reduced green fees at Northstar on NWGC Play Days.

Northstar Men's Golf

Now that the warm days of summer are upon us and we get to enjoy the sunlight well into the evening hours the Northstar Golf Club is in full swing, pun intended.

The final dates for the various Club Tournaments and Club Championship were still being determined at the time of this article deadline, but they will be posted at the Pro Shop Clubhouse by early June.

We do know that Tuesdays and Thursdays will continue with weekly Club play offering different format matches and games throughout the season. We're hoping to get Wednesday afternoons back into the mix as well.

Although the Northstar Golf Club includes low handicap players as low as a 4, it also extends to those in the 20's and a few

beyond. One not be concerned, it is still a game we all enjoy and the Northstar Golf Club welcomes all level of players.

The annual membership fees remain at a reasonable \$75, which includes your annual NCGA membership and GHIN throughout the year. If you are already registered at a home course there is a discounted rate of \$50 to join as an affiliate member that will allow you to compete in the games and tournaments to possibly represent the Northstar Golf Club in various NCGA events during the season.

Please feel free to call our president, Peter Morris at (530) 330-4300 or email him at Peter@PLMRealEstate.com with any questions.

May all your drives find the short grass and your putts find the bottom of the cup!!!

Cheers

Truckee Delivery | Poolside at the NPOA Rec Center



Another Summer Delight

Relax by the pool this summer and enjoy some of the best food Truckee has to offer. Returning for a second year, chef duo Carolyn Newman and Zario Mancassola (Truckee Delivery) are back again with some exciting food & beverage options. With many member suggestions for new food items, we are excited to announce Pizza and French fries will be accompanying the menu. So come grab a slice or a burger with fires and enjoy a refreshing beverage today!

Located Poolside at the NPOA rec center.





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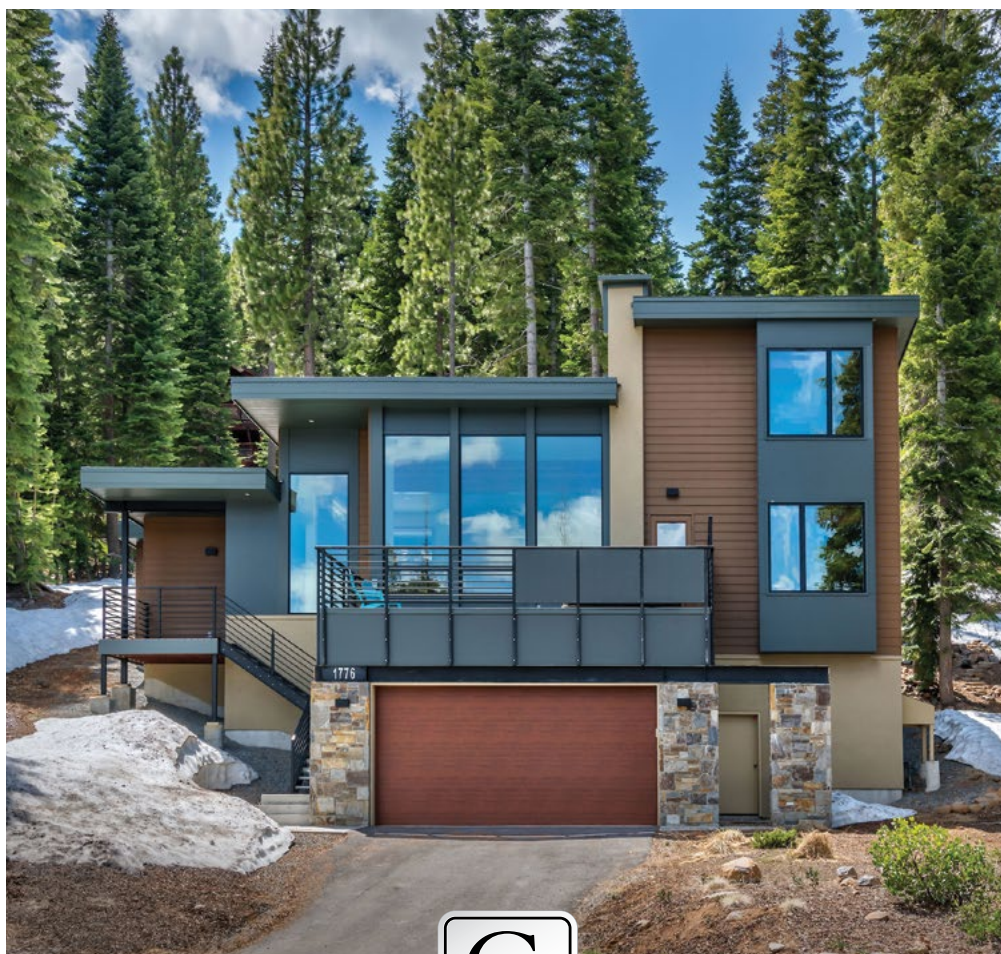
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276 BASQUE
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5 Bedroom | 4 ½ Bathroom | 3,020 Sq. Ft.
\$1,575,000